

# Packing Checklist for Traveling With Toddlers

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When you're traveling with toddlers, there's little room for error. Forgetting a lovey, a favorite book or extra diapers can spell disaster for your trip.

## Packing Checklist For Traveling With Toddlers

### Toddler Travel Essentials

- Diapers
- Diaper cream
- Changing pad
- Potty seat for toilet-trained toddlers
- Easy-on, easy-off outfits
- At least two pairs of shoes, in case one goes missing
- Rain and cold-weather gear (if applicable)
- Blankets
- Umbrella stroller
- Backpack carrier
- Car seat
- Pack-and-play or travel crib (unless your destination provides one) and sheets
- Bed rail if your toddler has moved out of a crib
- Baby monitor and batteries
- Passport (if traveling overseas)
- Consent letter from other parent if you're traveling solo

### Comfort And Cleanliness

- Change of clothes for your toddler
- Change of clothes for yourself
- Zip-lock bags for wet or dirty clothes
- Small container of laundry detergent
- Wipes
- Dish towel for the messes that wipes alone can't handle

## Health And Safety

- First-aid kit
- Kids' medications for gas relief, pain, bug bites and cuts
- Toddler toothbrush and toothpaste
- Baby shampoo/wash
- Toddler-sized nail clippers
- Sunscreen and sunhat
- Outlet plugs, doorknob covers, toilet locks and other toddler-proofing devices
- Nightlight

## Mealtime

- Spillproof cups
- Toddler-size utensils
- Snacks, such as cereal, puffs, crackers, fruit, shelf-stable toddler meals
- Small cooler with ice packs

## Entertainment

- Books
- Small toys
- Crayons, washable markers and paper
- Gel stickers for windows
- Favorite stuffed animal or blanket
- Phone apps for toddlers
- Tablet or DVD player
- Children's headphones

## Essentials For Beach And Cruise Vacations With Toddlers

- Swim diapers. Note that a toddler who's not potty-trained won't be allowed in most pools on a cruise ship, even in swim diapers.
- Swim suits and sun suits
- PFD for safety in pools or on boats
- Inflatable bathtub. This is a must-have on cruise ships for toddlers who won't take showers.
- Inflatable wading pool
- Baby powder. Sprinkle it on sandy limbs to help sand brush off easily.
- Beach tent or shelter
- Beach toys